



NEW CLASSES
STARTING JANUARY 7, 2012

Sign up today and be ready for the new year!!
Call 708-246-6878 for more information and registration or
Email: josfootwork@gmail.com

◆ **MOMMIE-ME & MOVEMENT – 10:00a – 10:45a - Thursday**

(ages 2 – 3 by 12-31-11)

Class will focus on movement, coordination, balance, rhythm, stretching, and basic kinetic skills for your little one. The class is set to music and will feature basic dance steps in ballet, jazz, and tap. Yoga-style acrobatics are incorporated into the curriculum to help with flexibility and an increased range of motion.

◆ **Pre Ballet (3 years old – 10:45a – Tuesday**

*** must be 3 by 12-31-11*

◆ **Kindergarten Ballet – 4:00pm - Tuesday**

◆ **Kindergarten Tap – 3:15pm – Tuesday *OR* 4:00pm Thursday**

◆ **Jazz/Tap Combo (1st-3rd Grade) – 11:00am – Saturday**

◆ **Junior Jazz I (1st/2nd Grade) – 5:00pm Tuesday**

◆ **ZUMBATOMIC (5th – 7th Grade) – 6:00pm – Friday**

Classes are rockin', high-energy fitness-parties packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more

◆ **LEAPS, TURNS & JUMPS -8:45pm – Wednesday**

for ages 11 and up (Must be taking a concurrent ballet/jazz level III or higher). This class is used as a supplement to jazz and ballet techniques in an effort to better the execution of turns and jumps.

◆ **Continuing Tap ADULT ONLY – 6:00pm- Thursday**